

Mount Vernon-Lisbon Invitational

Boys 5K Mount Vernon, IA 8/27/2019 Sunny, Wind W 10-20mph & 76°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Hempstead	1	4	5	10	12	14	17	= 32	1:26:33.0	17:18.6	1:11.2
2	Marion	13	15	18	19	23	30	35	= 88	1:30:55.4	18:11.1	0:54.7
3	Ames	2	6	21	33	36	45	52	= 98	1:30:55.8	18:11.2	2:09.5
4	Center Point-Urbana	3	8	11	42	50	65	67	= 114	1:31:23.8	18:16.8	2:45.8
5	Mount Vernon-Lisbon	20	22	25	29	31	40	46	= 127	1:33:32.9	18:42.6	0:30.6
6	North Scott	9	26	28	32	38	43	49	= 133	1:33:20.8	18:40.2	1:29.4
7	Calamus Wheatland	7	16	39	48	88			= 198	1:40:19.9	20:04.0	8:25.7
8	Benton Community	27	47	51	54	56	64	66	= 235	1:38:55.6	19:47.1	1:43.2
9	West Delaware	34	37	44	60	61	62	63	= 236	1:39:17.8	19:51.6	1:47.2
10	Davenport North	24	53	57	73	80	82	84	= 287	1:44:56.8	20:59.4	4:51.9
11	Vinton-Shellsburg	41	58	59	72	74	77	85	= 304	1:44:40.4	20:56.1	2:57.6
12	Springville-Central City	68	69	70	78	89			= 374	1:54:16.1	22:51.2	4:49.2
13	North Cedar	71	75	76	79	81	90	94	= 382	1:54:02.8	22:48.6	1:56.1
14	Louisa Muscatine	55	83	86	87	91	92	93	= 402	2:03:58.0	24:47.6	7:40.3

Incomplete Teams: West Liberty

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Ryan Winger	JR	Hempstead	16:31.4	5:19
2	2	Noah Kohut-Jackson	SR	Ames	16:54.7	5:27
3	3	Luke Post	JR	Center Point-Urbana	17:03.8	5:30
4	4	Mason Suarez	JR	Hempstead	17:17.1	5:34
5	5	Derek Leicht	SO	Hempstead	17:22.0	5:35
6	6	Benett Ryken	JR	Ames	17:22.6	5:36
7	7	Chase Knoche	JR	Calamus Wheatland	17:25.7	5:37
8	8	Eli Larson	SO	Center Point-Urbana	17:32.2	5:39
9	9	Owen West	JR	North Scott	17:39.3	5:41
10	10	Brady Blean	SO	Hempstead	17:39.9	5:41
11	11	Mason Bach	JR	Center Point-Urbana	17:42.3	5:42
12	12	Owen Maloney	JR	Hempstead	17:42.6	5:42
13	13	Shane Erb	SO	Marion	17:44.1	5:42
14	14	Marcus Leitzen	SO	Hempstead	17:47.4	5:44
15	15	Jedidiah Osgood	FR	Marion	17:59.2	5:47
16	16	Chandler Gannon	SR	Calamus Wheatland	18:09.5	5:51
17	17	Carter Welbes	SR	Hempstead	18:11.7	5:51
18	18	Jakob Regennitter	FR	Marion	18:15.8	5:53
19	19	Tanner Shindelar	JR	Marion	18:17.6	5:53
20		Josh Davis	JR	Hempstead	18:22.8	5:55
21		Ashton Burroughs	SO	West Liberty	18:23.8	5:55
22		George Holesinger	SO	Hempstead	18:26.2	5:56
23	20	Kaleb Brand	SR	Mount Vernon-Lisbon	18:27.4	5:56
24	21	Akol Attack	JR	Ames	18:33.0	5:58
25		Matthew Jungk	SR	Hempstead	18:33.7	5:58
26	22	Zach Fall	FR	Mount Vernon-Lisbon	18:34.1	5:59
27	23	Reid Coates	SR	Marion	18:38.8	6:00
28	24	Aiden Bowser	SO	Davenport North	18:39.7	6:00
29	25	Eli Dickson	FR	Mount Vernon-Lisbon	18:41.1	6:01
30	26	Luke Crawford	SO	North Scott	18:42.7	6:01
31	27	Trey Schulte	FR	Benton Community	18:44.6	6:02
32	28	Chase Porter	JR	North Scott	18:50.0	6:04
33	29	Quincy Happel	SO	Mount Vernon-Lisbon	18:52.4	6:04
34	30	Gaven Hiler	SR	Marion	18:53.9	6:05
35		Justin Schultz	SR	Hempstead	18:55.9	6:06
36	31	Riley Dolan	SR	Mount Vernon-Lisbon	18:58.0	6:06
37	32	Colin Rettig	FR	North Scott	19:00.0	6:07
38	33	Dominick Arce-Matos	JR	Ames	19:01.4	6:07
39		Andrew Johnson	JR	Hempstead	19:02.0	6:08
40	34	Nathan Goranson	SR	West Delaware	19:03.5	6:08
41	35	Blake Rolling	SO	Marion	19:04.0	6:08
42	36	Leyton Wahl	SO	Ames	19:04.2	6:08
43	37	Blake Smith	JR	West Delaware	19:05.7	6:09
44	38	Will Dowda	JR	North Scott	19:08.7	6:10
45	39	Brett McCartt	SR	Calamus Wheatland	19:09.7	6:10
46	40	Ashton Hunt	JR	Mount Vernon-Lisbon	19:12.9	6:11
47	41	Cameron Karr	SR	Vinton-Shellsburg	19:13.1	6:11
48	42	Abe Larson	SR	Center Point-Urbana	19:16.0	6:12
49		Caleb Kass	FR	Hempstead	19:18.2	6:13
50	43	Ethan Jost	JR	North Scott	19:22.9	6:14
51	44	Andrew Salas	JR	West Delaware	19:29.1	6:16
52	45	Charles Arroyo	JR	Ames	19:34.4	6:18
53	46	Jack Ossenkop	SR	Mount Vernon-Lisbon	19:36.1	6:19
54	47	Drew Lange	SR	Benton Community	19:37.8	6:19
55		Adam Riffel	SR	Hempstead	19:41.4	6:20
56	48	Seth Beuthien	JR	Calamus Wheatland	19:43.7	6:21
57		Jayden Meeker	JR	Mount Vernon-Lisbon	19:45.4	6:22
58		Jensen Meeker	FR	Mount Vernon-Lisbon	19:46.3	6:22
59		Ryne Moeller	FR	Mount Vernon-Lisbon	19:46.5	6:22
60	49	Chris Tague	SR	North Scott	19:48.9	6:23

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Place	Score	Name	Year	School	Time	Pace mpm
61	50	Cole Whitehead	JR	Center Point-Urbana	19:49.6	6:23
62		Craig Morris	SR	Benton Community	19:52.4	6:24
63	52	Charles Orngard	SO	Ames	19:52.5	6:24
64		Sean McGrath	SR	Hempstead	19:56.7	6:25
65		Tyson Haedt	SO	North Scott	19:59.4	6:26
66		Bryce Golden	SR	North Scott	20:00.8	6:26
67	53	Luke Haugen	SO	Davenport North	20:01.2	6:27
68		Cael Straley	SO	North Scott	20:01.6	6:27
69		Chris Oberbrockling	FR	Marion	20:01.6	6:27
70		Scott Hostager	SR	Hempstead	20:10.1	6:30
71		Tate Billmeyer	SR	Hempstead	20:12.4	6:30
72	54	Gage Offill	FR	Benton Community	20:12.9	6:30
73	55	Paul Hoopes	JR	Louisa Muscatine	20:13.5	6:31
74		Jarred Regennitter	FR	Marion	20:19.9	6:33
75		Alex Riniker	SO	Hempstead	20:20.7	6:33
76		Kode Banwart	SR	Mount Vernon-Lisbon	20:24.1	6:34
77	56	Brady Osborn	SO	Benton Community	20:27.8	6:35
78		Jake Blowers	SR	North Scott	20:29.8	6:36
79		Alex Fencil	SO	Mount Vernon-Lisbon	20:30.4	6:36
80		Cole Hemann	SR	Marion	20:32.4	6:37
81		Adam Curtis	SR	Hempstead	20:33.9	6:37
82	57	Chris Molis	SR	Davenport North	20:38.7	6:39
83	58	Elijah Blix	FR	Vinton-Shellsburg	20:40.3	6:39
84	59	Philip Kalina	JR	Vinton-Shellsburg	20:41.7	6:40
85		Kolby Volesky	SR	Mount Vernon-Lisbon	20:43.4	6:40
86		Nicholas Verduzco	SO	Marion	20:44.4	6:41
87	60	Jesse Thurn	SO	West Delaware	20:49.0	6:42
88	61	Jacob Wenger	JR	West Delaware	20:50.6	6:43
89		Caleb Dausener	FR	Mount Vernon-Lisbon	20:50.8	6:43
90		Nikolas Davis	FR	North Scott	20:51.1	6:43
91	62	Matthew Mensen	JR	West Delaware	20:51.8	6:43
92	63	Tyger Vaske	JR	West Delaware	20:53.7	6:44
93	64	Tristan West	SO	Benton Community	20:59.6	6:45
94	65	Robbie Dillon	SO	Center Point-Urbana	21:00.5	6:46
95	66	Nicson Franck	JR	Benton Community	21:06.7	6:48
96	67	Jonah Salow	FR	Center Point-Urbana	21:06.8	6:48
97		Eliot Sharp	SO	Marion	21:07.4	6:48
98		Grant Misiag-Beckler	FR	Hempstead	21:07.6	6:48
99		Owen Sadler	SO	Benton Community	21:15.9	6:51
100		Gabe Solis	JR	Hempstead	21:19.4	6:52
101		Brady Elbe	JR	North Scott	21:23.6	6:53
102		Micah Knapp	FR	Mount Vernon-Lisbon	21:24.6	6:53
103		Jackson Bradley	JR	Hempstead	21:24.7	6:54
104		Juan Mendoza	JR	Mount Vernon-Lisbon	21:25.1	6:54
105	68	Evan Robertson	FR	Springville-Central City	21:31.4	6:56
106		Grant Nelson	FR	Hempstead	21:31.5	6:56
107		Sean Kelly	FR	Hempstead	21:31.6	6:56
108		Devin Spahn	FR	Hempstead	21:31.8	6:56
109		Ty Fall	SR	Mount Vernon-Lisbon	21:32.8	6:56
110		Dylan Winkler	FR	Mount Vernon-Lisbon	21:32.9	6:56
111	69	Tryston Engen	JR	Springville-Central City	21:33.7	6:56
112	70	Luke Frosch	JR	Springville-Central City	21:34.5	6:57
113		Chandler Hebert	SR	Center Point-Urbana	21:35.5	6:57
114	71	Samuel Choate	SO	North Cedar	21:35.5	6:57
115		Ryan Lange	SO	Benton Community	21:35.6	6:57
116		Jj Eilers	JR	Center Point-Urbana	21:36.4	6:57
117		Sam Riffel	SO	Hempstead	21:37.5	6:58
118		Jace Fopma	FR	Marion	21:39.2	6:58
119		Aden Grudzinski	SO	Mount Vernon-Lisbon	21:39.9	6:58
120		Henry Streuber	SO	Mount Vernon-Lisbon	21:41.1	6:59
121		Ericson Morris	SO	Mount Vernon-Lisbon	21:49.8	7:02
122		Cole Kaufmann	JR	Hempstead	21:49.9	7:02
123		Luke Kotz	JR	Hempstead	21:52.8	7:03
124		Connor McMann	FR	North Scott	21:53.6	7:03
125	72	Merritt Bodeker	FR	Vinton-Shellsburg	21:54.6	7:03
126		Max Breitbach	SR	Hempstead	21:55.5	7:03
127		Kevin Martinez	JR	West Liberty	21:58.4	7:04
128		Nolan Mensen	FR	West Delaware	21:59.0	7:05
129		Jacob Russell	SO	Mount Vernon-Lisbon	22:00.7	7:05
130		Nick Post	SO	Center Point-Urbana	22:03.0	7:06
131		Nicholas Stocks	JR	West Delaware	22:05.2	7:07
132	73	Joe Jackson	SR	Davenport North	22:05.7	7:07
133		Ethan Stanerson	FR	Mount Vernon-Lisbon	22:09.9	7:08
134	74	Preston Tippie	JR	Vinton-Shellsburg	22:10.7	7:08
135		Dylan Dufloth	SO	North Scott	22:14.4	7:10
136		Gunnar Lacy	JR	Marion	22:26.8	7:13
137		Bentley Fletcher	SO	West Delaware	22:29.3	7:14
138		Luke Bullock	SO	North Scott	22:30.1	7:15

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Place	Score	Name	Year	School	Time	Pace	mpm
139		Caleb Wilshusen	FR	North Scott	22:30.7	7:15	
140		Devin Tigges	JR	Hempstead	22:32.4	7:15	
141		Keagan Jarchow	JR	Mount Vernon-Lisbon	22:32.7	7:15	
142		Kaleb Hilton	JR	Marion	22:35.0	7:16	
143	75	David Redhage	JR	North Cedar	22:36.2	7:17	
144		Cesar Campa	JR	Hempstead	22:46.6	7:20	
145		Ethan Kelley	SO	Hempstead	22:46.7	7:20	
146		Jacob Johnson	FR	Hempstead	22:49.4	7:21	
147		Sam Firzlaff	SO	Hempstead	22:50.1	7:21	
148		Mitch Mess	SO	North Scott	22:50.5	7:21	
149		Kaiden Power	FR	North Scott	22:51.3	7:21	
150	76	Chance Cinkovich	SR	North Cedar	22:55.8	7:23	
151		Blake Cook	JR	West Delaware	22:58.0	7:24	
152		Ethan Hoefler	SO	West Delaware	22:58.9	7:24	
153		Kyan Ross	FR	Marion	22:59.7	7:24	
154		Ross Willerth	SO	North Scott	22:59.9	7:24	
155		Owen Hansen	JR	Center Point-Urbana	23:00.6	7:24	
156		Chase Klett	FR	Center Point-Urbana	23:01.5	7:25	
157		Liam Easton	SR	Center Point-Urbana	23:01.6	7:25	
158		Jake Conlon	SO	Hempstead	23:01.8	7:25	
159		Ben Nydegger	FR	Mount Vernon-Lisbon	23:02.7	7:25	
160		Brady Ellis	JR	Benton Community	23:04.3	7:26	
161	77	Reid Hermanson	FR	Vinton-Shellsburg	23:08.8	7:27	
162		Spencer Schnell	JR	Center Point-Urbana	23:10.7	7:28	
163		Calvin Mongold	SR	Center Point-Urbana	23:15.8	7:29	
164	78	Adrian Banowetz	JR	Springville-Central City	23:16.0	7:29	
165		Mason Herrington	FR	North Scott	23:19.4	7:30	
166	79	Milo Easterly	JR	North Cedar	23:23.8	7:32	
167		Landon Powers	SO	West Delaware	23:25.0	7:32	
168		Nathan Elbe	FR	North Scott	23:25.1	7:32	
169		Alec Harris	FR	North Scott	23:26.0	7:33	
170		Boris Miller	JR	Hempstead	23:30.6	7:34	
171		Evan Woods	SR	West Delaware	23:30.9	7:34	
172	80	Nathan Moss	SR	Davenport North	23:31.6	7:34	
173	81	Jacob Spahr	JR	North Cedar	23:31.6	7:34	
174		Isaac Lueckenotto	SO	Benton Community	23:31.6	7:34	
175		Ryan Sloan	JR	Marion	23:32.2	7:35	
176		Joe Skaala	FR	North Scott	23:34.3	7:35	
177		Jacob Northway	SO	Marion	23:37.9	7:36	
178		Luke Trca	SO	Marion	23:39.7	7:37	
179		Brady Moulds	JR	West Delaware	23:41.0	7:37	
180		Reilly Dolan	JR	West Delaware	23:41.6	7:38	
181		Nolan Blodig	JR	North Scott	23:43.1	7:38	
182		Ryan Doty	SO	North Scott	23:43.6	7:38	
183		Jacob Cannon	FR	Mount Vernon-Lisbon	23:48.0	7:40	
184		Cruz Timmerman	FR	West Delaware	23:48.9	7:40	
185		Adam Vig	JR	Mount Vernon-Lisbon	23:49.1	7:40	
186		Lincoln Holub	SO	Mount Vernon-Lisbon	23:50.4	7:40	
187		Ryan Mentzer	SR	North Scott	23:50.6	7:40	
188	82	Ethan Jackson	SO	Davenport North	23:53.9	7:42	
189		Jake Skaala	SO	North Scott	23:58.6	7:43	
190		Eben Ellis	JR	Benton Community	23:59.0	7:43	
191		Bryton Grimm	FR	Benton Community	24:05.7	7:45	
192		Isaac Simmons	SO	North Scott	24:14.4	7:48	
193		Austin Lee	SO	North Scott	24:15.0	7:48	
194	83	Kellan Walsh	FR	Louisa Muscatine	24:15.5	7:48	
195		Christopher Sherman	FR	Center Point-Urbana	24:17.1	7:49	
196		Johnny Broulik	FR	Mount Vernon-Lisbon	24:20.3	7:50	
197	84	Nick Nguyen	SR	Davenport North	24:20.6	7:50	
198		Brandon Schultz	FR	Benton Community	24:20.9	7:50	
199		Trevor Fernau	JR	Mount Vernon-Lisbon	24:21.4	7:50	
200		Kasey Fisher	FR	West Delaware	24:25.5	7:52	
201		Andrew Borrett	SR	Center Point-Urbana	24:27.2	7:52	
202		Jaren Jones	SR	Benton Community	24:31.4	7:54	
203		Logan Soedt	SO	North Scott	24:32.5	7:54	
204		Samuel Gentz	SO	Center Point-Urbana	24:34.1	7:54	
205		Daniel Knapp	FR	Marion	24:40.7	7:57	
206		Owen Miller	SR	Center Point-Urbana	24:40.8	7:57	
207	85	Ian Allsup	FR	Vinton-Shellsburg	24:50.0	8:00	
208		Josh Nemitz	SR	Center Point-Urbana	24:55.5	8:01	
209		Cole Townsend	JR	Mount Vernon-Lisbon	24:59.1	8:03	
210		Keaton Crabtree	SR	Center Point-Urbana	25:01.1	8:03	
211		Henry Malcom	FR	Hempstead	25:08.8	8:06	
212		Evan Wahlstrom	FR	Marion	25:10.2	8:06	
213		Isaac Allsup	JR	Vinton-Shellsburg	25:19.1	8:09	
214		Gage Tompkins	SO	Davenport North	25:21.8	8:10	
215		Jaydon Vaughn	JR	Hempstead	25:24.5	8:11	
216		John Glab	SO	Hempstead	25:38.9	8:15	

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Place	Score	Name	Year	School	Time	Pace mpm
217	86	Christian James	FR	Louisa Muscatine	25:43.8	8:17
218		Sam Hearden	SR	Hempstead	25:45.1	8:17
219		Pj Recker	SO	West Delaware	25:45.7	8:18
220		Griffin Coates	FR	Marion	25:46.5	8:18
221	87	Eddie Wilhelme	SR	Louisa Muscatine	25:51.4	8:19
222	88	Jacob Weih	FR	Calamus Wheatland	25:51.4	8:19
223		Shawn Kundel	SO	North Scott	25:57.8	8:21
224		Carson Less	FR	West Delaware	25:59.4	8:22
225		Sharik Khan	SR	Hempstead	26:06.4	8:24
226		Dalton Morrow	SO	Davenport North	26:14.8	8:27
227	89	Matt Uhlenkamp	JR	Springville-Central City	26:20.6	8:29
228		Ben Johnson	SO	Mount Vernon-Lisbon	26:28.6	8:31
229		Logan Moss	SO	Davenport North	26:30.0	8:32
230		Terrance Salinas	SO	West Liberty	26:32.0	8:32
231		Ashton Slaton	FR	Vinton-Shellsburg	26:38.8	8:35
232		Kory Sweeny	SO	Davenport North	26:43.4	8:36
233		Cameron Naaktgeboren	SR	Center Point-Urbana	26:44.4	8:36
234		John Hiser	SO	Davenport North	27:07.4	8:44
235		Nathan Ricke	FR	Mount Vernon-Lisbon	27:08.7	8:44
236		Jonah George	SR	Center Point-Urbana	27:35.8	8:53
237		Soren Hanson	SO	Center Point-Urbana	27:39.8	8:54
238	90	Marshall Vanooort	SO	North Cedar	27:53.8	8:59
239	91	Zach Robertson	SO	Louisa Muscatine	27:53.8	8:59
240	92	Owen Schreiner	SO	Louisa Muscatine	27:59.4	9:01
241	93	Jacob Back	SO	Louisa Muscatine	28:00.6	9:01
242		Kaiden Shannon	SO	Mount Vernon-Lisbon	28:01.0	9:01
243		Ian Vrba	FR	Vinton-Shellsburg	28:08.6	9:03
244		Jackson Kleinmeyer	FR	Benton Community	28:12.1	9:05
245	94	Leighton Tjaden	SO	North Cedar	28:17.0	9:06
246		Ethan Farber	SR	North Scott	28:34.5	9:12
247		Cody Johnston	SR	North Scott	29:03.2	9:21
248		Matt Mize	SO	North Scott	29:03.8	9:21
249		Matthew Tijerina	SO	Mount Vernon-Lisbon	29:11.8	9:24
250		Joseph Miller	SR	Benton Community	29:32.1	9:30
251		Michael Holtz	SR	Center Point-Urbana	30:28.8	9:49
252		Anthony Carter	SO	North Scott	30:29.7	9:49
253		Ryan Spahr	SR	North Cedar	30:33.8	9:50
254		Sage Holmes	JR	Vinton-Shellsburg	30:42.7	9:53
255		Jarret Claeys	SO	North Scott	30:54.3	9:57
256		Elias Colsch	JR	Vinton-Shellsburg	31:17.1	10:04
257		Ben Hofmann	FR	North Scott	32:05.3	10:20
258		Anthony Hilton	SR	Vinton-Shellsburg	34:36.5	11:08
259		Ian Sallee	FR	Vinton-Shellsburg	35:38.3	11:28
260		Evan Lawrence	SO	Louisa Muscatine	35:55.6	11:34
261		Andrew McCormick	JR	Hempstead	41:29.2	13:21

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Hempstead				4) Center Point-Urbana			
		Score =	32			Score =	114
1	Ryan Winger, JR	16:31.4	5:19	3	Luke Post, JR	17:03.8	5:30
4	Mason Suarez, JR	17:17.1	5:34	8	Eli Larson, SO	17:32.2	5:39
5	Derek Leicht, SO	17:22.0	5:35	11	Mason Bach, JR	17:42.3	5:42
10	Brady Blean, SO	17:39.9	5:41	42	Abe Larson, SR	19:16.0	6:12
12	Owen Maloney, JR	17:42.6	5:42	50	Cole Whitehead, JR	19:49.6	6:23
14	Marcus Leitzen, SO	17:47.4	5:44	65	Robbie Dillon, SO	21:00.5	6:46
17	Carter Welbes, SR	18:11.7	5:51	67	Jonah Salow, FR	21:06.8	6:48
	Josh Davis, JR	18:22.8	5:55		Chandler Hebert, SR	21:35.5	6:57
	George Holesinger, SO	18:26.2	5:56		Jj Eilers, JR	21:36.4	6:57
	Matthew Jungk, SR	18:33.7	5:58		Nick Post, SO	22:03.0	7:06
	Justin Schultz, SR	18:55.9	6:06		Owen Hansen, JR	23:00.6	7:24
	Andrew Johnson, JR	19:02.0	6:08		Chase Klett, FR	23:01.5	7:25
	Caleb Kass, FR	19:18.2	6:13		Liam Easton, SR	23:01.6	7:25
	Adam Riffel, SR	19:41.4	6:20		Spencer Schnell, JR	23:10.7	7:28
	Sean McGrath, SR	19:56.7	6:25		Calvin Mongold, SR	23:15.8	7:29
	Scott Hostager, SR	20:10.1	6:30		Christopher Sherman, FR	24:17.1	7:49
	Tate Billmeyer, SR	20:12.4	6:30		Andrew Borrett, SR	24:27.2	7:52
	Alex Riniker, SO	20:20.7	6:33		Samuel Gentz, SO	24:34.1	7:54
	Adam Curtis, SR	20:33.9	6:37		Owen Miller, SR	24:40.8	7:57
	Grant Misiag-Beckler, FR	21:07.6	6:48		Josh Nemitz, SR	24:55.5	8:01
	Gabe Solis, JR	21:19.4	6:52		Keaton Crabtree, SR	25:01.1	8:03
	Jackson Bradley, JR	21:24.7	6:54		Cameron Naaktgeboren, SR	26:44.4	8:36
	Grant Nelson, FR	21:31.5	6:56		Jonah George, SR	27:35.8	8:53
	Sean Kelly, FR	21:31.6	6:56		Soren Hanson, SO	27:39.8	8:54
	Devin Spahn, FR	21:31.8	6:56		Michael Holtz, SR	30:28.8	9:49
	Sam Riffel, SO	21:37.5	6:58				
	Cole Kaufmann, JR	21:49.9	7:02				
	Luke Kotz, JR	21:52.8	7:03				
	Max Breitbach, SR	21:55.5	7:03				
	Devin Tigges, JR	22:32.4	7:15				
	Cesar Campa, JR	22:46.6	7:20				
	Ethan Kelley, SO	22:46.7	7:20				
	Jacob Johnson, FR	22:49.4	7:21				
	Sam Firzloff, SO	22:50.1	7:21				
	Jake Conlon, SO	23:01.8	7:25				
	Boris Miller, JR	23:30.6	7:34				
	Henrey Malcom, FR	25:08.8	8:06				
	Jaydon Vaughn, JR	25:24.5	8:11				
	John Glab, SO	25:38.9	8:15				
	Sam Hearnden, SR	25:45.1	8:17				
	Sharik Khan, SR	26:06.4	8:24				
	Andrew McCormick, JR	41:29.2	13:21				
2) Marion				5) Mount Vernon-Lisbon			
		Score =	88			Score =	127
13	Shane Erb, SO	17:44.1	5:42	20	Kaleb Brand, SR	18:27.4	5:56
15	Jedidiah Osgood, FR	17:59.2	5:47	22	Zach Fall, FR	18:34.1	5:59
18	Jakob Regennitter, FR	18:15.8	5:53	25	Eli Dickson, FR	18:41.1	6:01
19	Tanner Shindelar, JR	18:17.6	5:53	29	Quincy Happel, SO	18:52.4	6:04
23	Reid Coates, SR	18:38.8	6:00	31	Riley Dolan, SR	18:58.0	6:06
30	Gaven Hiler, SR	18:53.9	6:05	40	Ashton Hunt, JR	19:12.9	6:11
35	Blake Roling, SO	19:04.0	6:08	46	Jack Ossenkop, SR	19:36.1	6:19
	Chris Oberbrockling, FR	20:01.6	6:27		Jayden Meeker, JR	19:45.4	6:22
	Jarred Regennitter, FR	20:19.9	6:33		Jensen Meeker, FR	19:46.3	6:22
	Cole Hemann, SR	20:32.4	6:37		Ryne Moeller, FR	19:46.5	6:22
	Nicholas Verduzco, SO	20:44.4	6:41		Kode Banwart, SR	20:24.1	6:34
	Eliot Sharp, SO	21:07.4	6:48		Alex Fencl, SO	20:30.4	6:36
	Jace Fopma, FR	21:39.2	6:58		Kolby Volesky, SR	20:43.4	6:40
	Gunnar Lacy, JR	22:26.8	7:13		Caleb Dausener, FR	20:50.8	6:43
	Kaleb Hilton, JR	22:35.0	7:16		Micah Knapp, FR	21:24.6	6:53
	Kyan Ross, FR	22:59.7	7:24		Juan Mendoza, JR	21:25.1	6:54
	Ryan Sloan, JR	23:32.2	7:35		Ty Fall, SR	21:32.8	6:56
	Jacob Northway, SO	23:37.9	7:36		Dylan Winkler, FR	21:32.9	6:56
	Luke Trca, SO	23:39.7	7:37		Aden Grudzinski, SO	21:39.9	6:58
	Daniel Knapp, FR	24:40.7	7:57		Henry Streuber, SO	21:41.1	6:59
	Evan Wahlstrom, FR	25:10.2	8:06		Ericson Morris, SO	21:49.8	7:02
	Griffin Coates, FR	25:46.5	8:18		Jacob Russell, SO	22:00.7	7:05
					Ethan Stanerson, FR	22:09.9	7:08
					Keagan Jarchow, JR	22:32.7	7:15
					Ben Nydegger, FR	23:02.7	7:25
					Jacob Cannon, FR	23:48.0	7:40
					Adam Vig, JR	23:49.1	7:40
					Lincoln Holub, SO	23:50.4	7:40
					Johnny Broulik, FR	24:20.3	7:50
					Trevor Fernau, JR	24:21.4	7:50
					Cole Townsend, JR	24:59.1	8:03
					Ben Johnson, SO	26:28.6	8:31
					Nathan Ricke, FR	27:08.7	8:44
					Kaiden Shannon, SO	28:01.0	9:01
					Matthew Tijerina, SO	29:11.8	9:24
3) Ames							
		Score =	98				
2	Noah Kohut-Jackson, SR	16:54.7	5:27				
6	Benett Ryken, JR	17:22.6	5:36				
21	Akol Atack, JR	18:33.0	5:58				
33	Dominick Arce-Matos, JR	19:01.4	6:07				
36	Leyton Wahl, SO	19:04.2	6:08				
45	Charles Arroyo, JR	19:34.4	6:18				
52	Charles Orngard, SO	19:52.5	6:24				

Mount Vernon-Lisbon Invitational

Boys 5K Mount Vernon, IA 8/27/2019 Sunny, Wind W 10-20mph & 76°

Place	Name	Time	mpm	Place	Name	Time	mpm
6) North Scott				9) West Delaware			
Score = 133				Score = 236			
9	Owen West, JR	17:39.3	5:41	34	Nathan Goranson, SR	19:03.5	6:08
26	Luke Crawford, SO	18:42.7	6:01	37	Blake Smith, JR	19:05.7	6:09
28	Chase Porter, JR	18:50.0	6:04	44	Andrew Salas, JR	19:29.1	6:16
32	Colin Rettig, FR	19:00.0	6:07	60	Jesse Thurn, SO	20:49.0	6:42
38	Will Dowda, JR	19:08.7	6:10	61	Jacob Wenger, JR	20:50.6	6:43
43	Ethan Jost, JR	19:22.9	6:14	62	Matthew Mensen, JR	20:51.8	6:43
49	Chris Tague, SR	19:48.9	6:23	63	Tyger Vaske, JR	20:53.7	6:44
	Tyson Haedt, SO	19:59.4	6:26		Nolan Mensen, FR	21:59.0	7:05
	Bryce Golden, SR	20:00.8	6:26		Nicholas Stocks, JR	22:05.2	7:07
	Cael Straley, SO	20:01.6	6:27		Bentley Fletcher, SO	22:29.3	7:14
	Jake Blowers, SR	20:29.8	6:36		Blake Cook, JR	22:58.0	7:24
	Nikolas Davis, FR	20:51.1	6:43		Ethan Hoefler, SO	22:58.9	7:24
	Brady Elbe, JR	21:23.6	6:53		Landon Powers, SO	23:25.0	7:32
	Connor McMann, FR	21:53.6	7:03		Evan Woods, SR	23:30.9	7:34
	Dylan Dufloth, SO	22:14.4	7:10		Brady Moulds, JR	23:41.0	7:37
	Luke Bullock, SO	22:30.1	7:15		Reily Dolan, JR	23:41.6	7:38
	Caleb Wilshusen, FR	22:30.7	7:15		Cruz Timmerman, FR	23:48.9	7:40
	Mitch Mess, SO	22:50.5	7:21		Kasey Fisher, FR	24:25.5	7:52
	Kaiden Power, FR	22:51.3	7:21		Pj Recker, SO	25:45.7	8:18
	Ross Willerth, SO	22:59.9	7:24		Carson Less, FR	25:59.4	8:22
	Mason Herrington, FR	23:19.4	7:30	10) Davenport North			
	Nathan Elbe, FR	23:25.1	7:32	Score = 287			
	Alec Harris, FR	23:26.0	7:33	24	Aiden Bowser, SO	18:39.7	6:00
	Joe Skaala, FR	23:34.3	7:35	53	Luke Haugen, SO	20:01.2	6:27
	Nolan Blodig, JR	23:43.1	7:38	57	Chris Molis, SR	20:38.7	6:39
	Ryan Doty, SO	23:43.6	7:38	73	Joe Jackson, SR	22:05.7	7:07
	Ryan Mentzer, SR	23:50.6	7:40	80	Nathan Moss, SR	23:31.6	7:34
	Jake Skaala, SO	23:58.6	7:43	82	Ethan Jackson, SO	23:53.9	7:42
	Isaac Simmons, SO	24:14.4	7:48	84	Nick Nguyen, SR	24:20.6	7:50
	Austin Lee, SO	24:15.0	7:48		Gage Tompkins, SO	25:21.8	8:10
	Logan Soedt, SO	24:32.5	7:54		Dalton Morrow, SO	26:14.8	8:27
	Shawn Kundel, SO	25:57.8	8:21		Logan Moss, SO	26:30.0	8:32
	Ethan Farber, SR	28:34.5	9:12		Kory Sweeny, SO	26:43.4	8:36
	Cody Johnston, SR	29:03.2	9:21		John Hiser, SO	27:07.4	8:44
	Matt Mize, SO	29:03.8	9:21	11) Vinton-Shellsburg			
	Anthony Carter, SO	30:29.7	9:49	Score = 304			
	Jarret Claeys, SO	30:54.3	9:57	41	Cameron Karr, SR	19:13.1	6:11
	Ben Hofmann, FR	32:05.3	10:20	58	Elijah Blix, FR	20:40.3	6:39
7) Calamus Wheatland				12) Springville-Central City			
Score = 198				Score = 374			
7	Chase Knoche, JR	17:25.7	5:37	68	Evan Robertson, FR	21:31.4	6:56
16	Chandler Gannon, SR	18:09.5	5:51	69	Tryston Engen, JR	21:33.7	6:56
39	Brett McCartt, SR	19:09.7	6:10	70	Luke Frosch, JR	21:34.5	6:57
48	Seth Beuthien, JR	19:43.7	6:21	78	Adrian Banowetz, JR	23:16.0	7:29
88	Jacob Weih, FR	25:51.4	8:19	89	Matt Uhlenkamp, JR	26:20.6	8:29
8) Benton Community				13) North Cedar			
Score = 235				Score = 382			
27	Trey Schulte, FR	18:44.6	6:02	71	Samuel Choate, SO	21:35.5	6:57
47	Drew Lange, SR	19:37.8	6:19	75	David Redhage, JR	22:36.2	7:17
51	Craig Morris, SR	19:52.4	6:24	76	Chance Cinkovich, SR	22:55.8	7:23
54	Gage Offill, FR	20:12.9	6:30	79	Milo Easterly, JR	23:23.8	7:32
56	Brady Osborn, SO	20:27.8	6:35	81	Jacob Spahr, JR	23:31.6	7:34
64	Tristan West, SO	20:59.6	6:45	90	Marshall Vanooort, SO	27:53.8	8:59
66	Nicson Franck, JR	21:06.7	6:48	94	Leighton Tjaden, SO	28:17.0	9:06
	Owen Sadler, SO	21:15.9	6:51		Ryan Spahr, SR	30:33.8	9:50
	Ryan Lange, SO	21:35.6	6:57	14) Louisa Muscatine			
	Brady Ellis, JR	23:04.3	7:26	Score = 402			
	Isaac Lueckenotto, SO	23:31.6	7:34	55	Paul Hoopes, JR	20:13.5	6:31
	Eben Ellis, JR	23:59.0	7:43	83	Kellan Walsh, FR	24:15.5	7:48
	Bryton Grimm, FR	24:05.7	7:45	86	Christian James, FR	25:43.8	8:17
	Brandon Schultz, FR	24:20.9	7:50	87	Eddie Wilhelme, SR	25:51.4	8:19
	Jaren Jones, SR	24:31.4	7:54	91	Zach Robertson, SO	27:53.8	8:59
	Jackson Kleinmeyer, FR	28:12.1	9:05	92	Owen Schreiner, SO	27:59.4	9:01
	Joseph Miller, SR	29:32.1	9:30	93	Jacob Back, SO	28:00.6	9:01
					Evan Lawrence, SO	35:55.6	11:34

Mount Vernon-Lisbon Invitational

Boys 5K Mount Vernon, IA 8/27/2019 Sunny, Wind W 10-20mph & 76°

Place	Name	Time	mpm	Place	Name	Time	mpm
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Incomplete Teams:

West Liberty

21	Ashton Burroughs, SO	18:23.8	5:55
127	Kevin Martinez, JR	21:58.4	7:04
230	Terrance Salinas, SO	26:32.0	8:32